Collegiate Recovery Community Peer Mentor
Wellness and Prevention Services, Appalachian State University
Last revised: 7/21/2023

Location: Miles Annas Student Support Building
Supervisor: Jordan Kessler, Collegiate Recovery Community Coordinator

Applicants with lived experience in recovery will be prioritized, though not required.

The purpose of the Collegiate Recovery Community (CRC) Peer Mentor position is to promote the mission of the Collegiate Recovery Community by supporting, guiding, and encouraging individuals facing similar challenges or experiences. The Collegiate Recovery Community at Appalachian State University takes a broad view of recovery, defining it as multiple pathways to change through which individuals can improve health, wellness and reach their full potential. This community takes a harm reduction approach and assists in each individual's unique recovery by preventing relapse, encouraging autonomy, providing support, increasing academic success, and offering a safe space on campus to process, grow, and reflect. This position will serve as a role model, and peer mentors will share their own experiences, insights, and knowledge to assist others in overcoming obstacles and achieving their goals. The position will assist in engaging students to increase recovery awareness within our campus community. Peer mentors will also assist in facilitating programs, trainings, workshops, prosocial events, and social media. All necessary training will be provided.

Refer to the Wellness and Prevention Services website for more information about our departmental mission, structure, and those that we serve.

Duties/Responsibilities include but are not limited to:

- Attending a minimum of 85% of CRC hosted and co-hosted events, which includes drop-in groups, SMART recovery meetings, trainings and workshops, University Recreation trips and other prosocial events.
- Assisting with outreach and social media management.
- Tabling in the student union and other on-campus locations to increase awareness of the Collegiate Recovery Community.
- Maintaining a library of recovery resources posting information about opportunities for involvement in local community events.
- Educating and spreading awareness about the Collegiate Recovery Community to the campus community.

Preferred qualifications for this position are:

- Experience and desire to help others and promote healthy behaviors.
- Design and social media skills.
- Comfortable speaking one on one and with groups.
- Desire to further the mission of the Collegiate Recovery Community.
● Dedication and patience with individuals in recovery or curious about recovery.
● Ability to listen carefully and respect an individual’s self-determination while offering assistance.
● Ability to maintain appropriate boundaries as a peer mentor.
● Strong communication skills across various groups

Some work is completed during the weekdays from 8am-5pm and some CRC hosted or co-hosted events will be held in the evenings and weekends. There will be plenty of notice given in advance of evening and weekend events. Please submit work availability when applying.

Peer mentors will work 10 - 15 hours per week.

Length of student’s employment is August 21, 2023 - May 19, 2024.

Position will earn $11.25/hour (Undergraduate students) or $12.25/hour (Graduate students)

The peer mentor will primarily work in-person at the Department of Wellness and Prevention Services in the Miles Annas Student Support Building. Work from other on-campus locations and remote work may be permitted on occasion, with prior supervisor approval.

All interested and available undergraduate or graduate students at Appalachian State University will be considered. Interest in higher education, public health or health promotion would be ideal but is not required.

Candidates will be evaluated based on qualifications and an interest in developing skills relevant to the position.

If selected, please be prepared to present I-9 documentation establishing your work eligibility at the beginning of your employment.

Career Readiness and Enhanced Skill Sets:
Need more information? Refer to the National Association of Colleges & Employers website

☐ Oral & Written Communication - It is of the utmost importance that the peer mentor communicate with students attending events in a thoughtful manner
☐ Teamwork & Collaboration - The Collegiate Recovery Community highly values our student work force to enhance the Collegiate Recovery Community events and services. The peer mentor will be encouraged to share their thoughts and feelings about services and events. The input of our student staff strengthens our program.
☐ Digital Technology - The peer mentor will utilize various technologies during this peer mentorship, including Canva, Instagram, Engage, Adobe Creative Cloud and Google Drive. The peer mentor will be trained to navigate these as needed.
☐ Professionalism & Strong Work Ethic - The peer mentor will take responsibility for their shared role as a member of the Collegiate Recovery Community team to accomplish assigned tasks.
Career & Self Development - Working with the Collegiate Recovery Community will allow the peer mentor to develop marketable skills and useful wellness habits. Through regular Collegiate Recovery Community staff interactions, the peer mentor will have access to our department’s beneficial resources.

Equity & Inclusion - We serve all Appalachian State students. Our peer mentor will interact with other students from diverse backgrounds and cultures. By observing and demonstrating our consistent level of respect and inclusivity to all students, the peer mentor will gain knowledge, value and appreciation of all individuals’ differences.

Leadership - Wellness and Prevention Services strongly encourages all of our students to explore opportunities that highlight their strengths, helps them develop interpersonal communication skills and encourages them to positively leverage their team members to accomplish shared projects.

Office of Disability Resources Accommodations: Appalachian State University is committed to providing an inclusive experience, accessible learning [and working] environments and equal opportunity to individuals with disabilities in accordance with the Americans with Disabilities Act and Section 504 of the Rehabilitation Act. Individuals needing reasonable accommodations should contact the Office of Disability Resources (828.262.3056 or odr.appstate.edu)

AA/EEO Statement: Appalachian State University is an Affirmative Action/Equal Opportunity Employer. The University does not discriminate in access to its educational programs and activities, or with respect to hiring or the terms and conditions of employment, on the basis of race, color, national origin, religion, sex, gender identity and expression, political affiliation, age, disability, veteran status, genetic information or sexual orientation.

Requested documents for applying:

- Cover Letter that highlights relevant skills
- Resume - need assistance with your resume? Visit Career Studio resources to help you get started.
- Anticipated Fall Semester work availability

Application materials should be combined into one .pdf document. This should include your cover letter, resume, and availability. Please combine application materials into one .pdf document. The Adobe .PDF Merger online tool can help with this.