

Wellness and Prevention Services Clinical Intern

Wellness and Prevention Services, Appalachian State University

Last revised: 2/09/2023

Location: Miles Annas Student Support Building

Supervisor: Ben Asma, Assistant Director and Coordinator for Alcohol and Other Drug Services

Applicants must be enrolled in a graduate counseling program practicum or internship course for the Fall 2023 semester or Fall 2023/Spring 2024 academic year to qualify for this position. Acceptable programs include Clinical Mental Health Counseling, Marriage and Family Therapy, Social Work, or similar.

The purpose of the Wellness and Prevention Services Clinical Intern is to support the mission of Wellness and Prevention Services by assisting with clinical interventions facilitated by Wellness and Prevention Services for Appalachian State University students. The position will be responsible for engaging in individual counseling services, utilizing motivational interviewing and other counseling skills and techniques. The population served will primarily be emerging adults who have been mandated for brief alcohol and other drug screening, psychoeducation, and personalized feedback to encourage safe practices for substance use.

Wellness and Prevention Services seeks to serve all Appalachian State students through the promotion of healthy behaviors, risk behavior modification services, and advocacy for campus-wide health policies which facilitate student success and holistic well-being. Our clinical interns support this vision by expanding capacity for risk behavior modification services. This position will also assist with other tasks in the department as needed, such as front desk coverage. All necessary training will be provided.

Refer to the [Wellness and Prevention Services website](#) for more information about our mission, structure and those that we serve.

Duties/Responsibilities include but are not limited to:

- Providing individual counseling, utilizing motivational interviewing and other counseling skills and techniques to students for substance misuse and co-occurring mental health issues
- Providing brief alcohol and other drug screening, psychoeducation and personalized feedback to students mandated to receive services
- Engaging in psychoeducational and supportive outreach to the campus community focusing on holistic wellness and development of effective coping and social skills

This position is 10 - 20 hours per week, depending on program of study internship/practicum requirements.

Year long internships preferred (August 21, 2023 - May 9, 2024) but semester-long internships (August 21 - December 13) may be considered.

Position will earn \$15/hour

The intern will primarily work in-person at the Department of Wellness and Prevention Services in the Miles Annas Student Support Building.

All genuinely interested and available graduate students in Clinical Mental Health Counseling, Marriage and Family Therapy, Social Work, or similar programs who are enrolled in an internship or practicum course at Appalachian State University will be considered. Interest in higher education, public health, substance use, counseling and/or mental health would be ideal but is not required.

Candidates will be evaluated based on internship eligibility, qualifications, and an interest in developing skills relevant to the position.

If selected, please be prepared to present [I-9 documentation](#) establishing your work eligibility at the beginning of your employment.

Career Readiness and Enhanced Skill Sets:

[Need more information?](#) Refer to the National Association of Colleges & Employers website

- Critical Thinking & Problem Solving - The intern will develop these skills by being an active participant in supervision meetings, where they will participate in critical thinking and problem solving related to individual counseling
- Oral & Written Communication - It is of the utmost importance that the intern communicate with student clients in a thoughtful manner
- Teamwork & Collaboration - Wellness and Prevention Services highly values our student work force to enhance Wellness and Prevention Services events and services. The intern will be encouraged to share their thoughts and feelings about services and events. Our services can never improve without the input of our student staff.
- Digital Technology - The intern will utilize various technologies during this internship, including Medicat and Google Cloud. The intern will be trained to navigate these on a daily basis.
- Professionalism & Strong Work Ethic - The intern will learn to acknowledge their shared role as a member of the Wellness and Prevention Services team to accomplish assigned tasks.
- Career & Self Development - Working with Wellness and Prevention Services will allow the intern to develop skills directly related to a future career as a counselor.
- Equity & Inclusion - We serve every and all Appalachian State students. Our intern will interact with other students from diverse backgrounds and cultures. By observing and demonstrating our consistent level of respect and inclusivity to all students, the intern will gain knowledge, value and appreciation of all individuals' differences.
- Leadership - Wellness and Prevention Services strongly encourages all of our students to explore opportunities that highlight their strengths, helps them develop interpersonal communication skills and encourages them to positively leverage their team members to accomplish shared projects.

Office of Disability Resources Accommodations: Appalachian State University is committed to providing an inclusive experience, accessible learning [and working] environments and equal opportunity to individuals with disabilities in accordance with the Americans with Disabilities Act and Section 504 of the

Rehabilitation Act. Individuals needing reasonable accommodations should contact the Office of Disability Resources (828.262.3056 or odr.appstate.edu)

AA/EEO Statement: Appalachian State University is an Affirmative Action/Equal Opportunity Employer. The University does not discriminate in access to its educational programs and activities, or with respect to hiring or the terms and conditions of employment, on the basis of race, color, national origin, religion, sex, gender identity and expression, political affiliation, age, disability, veteran status, genetic information or sexual orientation.

Requested documents for applying:

- Cover Letter that highlights relevant skills
- Resume - need assistance with your resume? Visit [Career Studio](#) resources to help you get started.
- If available, any documentation provided by your department regarding internship site expectations

Apply at: <https://wellness.appstate.edu/internships>